



Cyprus College | Limassol

Orientation 2025

**02 - 03
OCTOBER
2025**





DAY 1: THURSDAY, 2 OCTOBER 2025

Welcome to Cyprus College Limassol!

09:00 – 09:10

Venue: 001 Amphitheatre

CAMPUS DIRECTOR WELCOMING

Mr. George Pallaris, Head of Campus, welcomes you to the Cyprus College family.

Welcome from Administrative Head

09:10 – 09:20

Venue: 001 Amphitheatre

Mr. Kyriacos Pallaris, Head of Administration, highlights the registration and advising process for your classes.

Student Affairs: Kickstart: Break the Ice

09:20 – 10:40

Venue: 001 Amphitheatre

INTERACTIVE GAMES

Start your orientation with energy and laughter! In a fun identity game, guess which statements aren't true, uncover surprising facts, and share laughs while building friendships that will last throughout your student journey.



Break

10:40 – 11:00

Venue: Cafeteria



#BREAK

Sandwich Bites & Coffee Sips



Career Center

11:00 – 11:20

Hot Seat: Career Edition

11:20 – 11:50

Venue: 001 Amphitheatre

Guess secret career identities while uncovering the key skills behind each role! Fast-paced, full of laughs, and a little friendly chaos, it's a fun way to test your wits, learn about skills, and connect with your classmates.

The Career Center specialist, Ms. Andri Stylianou, will show you the path to reach professional success.



Student Life Hub

11:50 – 12:10

Venue: 001 Amphitheatre

DISCOVER STUDENT LIFE AND STUDENT UNION

Get active, get creative, get involved! Explore clubs like Psychology, Music, Athletics, and more while having a blast with your classmates

Ms. Diana Yioupi & Ms. Mikaella Alexandrou, present opportunities to enhance student life through clubs, societies, sports, gym, and the Student Union.



**Make the
Most of Your
Student Life
@ Cyprus
College!**

DAY 1: THURSDAY, 2 OCTOBER 2025

CYC SOCIAL MEDIA AND ONLINE SHOP

12:10 – 12:20

Venue: 001 Amphitheatre

STAY CONNECTED WITH CYPRUS COLLEGE

Discover how to make the most of Cyprus College's official social media channels and apps—perfect for keeping up with news, collaborating with classmates and staying engaged with campus life.

You'll also learn how to purchase official Cyprus College merchandise.



Break

12:20 – 12:40

Venue: Cafeteria

#BREAK

Sweet Delights



Balance: Fitness & Nutrition

12:40 – 13:00

Venue: 001 Amphitheatre

Ms. Kyriakoula Kallona, Professor of Physical Education, will show how the Athletics Club and fitness activities boost health, and share tips for combining exercise and nutrition to keep student life balanced and active.



Navigating Your Student Portal

13:00 – 13:30

Venue: 001 Amphitheatre

DEVELOP YOUR DIGITAL SKILLS

Explore your student portal, and all the digital tools you need to make studying easier and more effective with Mr. George Koutsoudis.





DAY 2: FRIDAY, 3 OCTOBER 2025

Academic Affairs

09:00 – 09:10

Venue: 001 Amphitheatre

Ms. Diana Yioupi, Administrative Assistant, will highlight how Academic Affairs activities keep you informed and help you get the most out of your studies.



Meet Your Program Coordinators!

09:10 – 09:30

• Computer and Network Technician Diploma & Computer Science Bachelor

Venue: Computer Lab B01 (Basement)

• Aesthetics Bachelor / Beauty Technician and Professional Make- Up Diploma

Venue: 001 Amphitheatre (Ground floor)

• Business Administration Diploma & Bachelor / Digital Marketing and Social Media Diploma

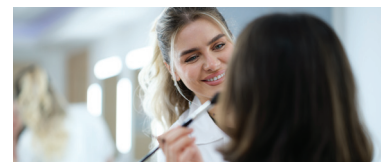
Venue: 002 Classroom (Ground floor)

• Office Administration Diploma

Venue: 202 Classroom (2nd floor)

Meet your Program Coordinators for IT, Aesthetics, Business Administration, Office Administration, etc.

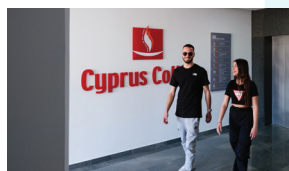
- Mr. Petros Papagiannis
- Mrs. Maria Menelaou
- Mrs. Katerina Charalambous
- Mr. Panikos Kanakis
- Mr. George Tofas
- Mrs. Elena Pallari
- Ms. Pantelitsa Leonidou



Campus Tour

09:30 – 10:00

Venue: Campus-wide



Break

10:00 – 10:20

Venue: Cafeteria

#Break

Savory Bites & Coffee Sips



Student Wellness

Anxiety and Stress: How to Cope with my Feelings

10:20 – 10:40

Venue: 001 Amphitheatre

Dr. Panayiotis Parpottas, Associate Professor, Counselling Psychology, will guide you through practical strategies for managing stress and anxiety, teaching you how to build resilience and maintain mental well-being. His insights will help you develop the skills needed to achieve a healthy balance during your academic journey and beyond.



**Make the
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DAY 2: FRIDAY, 3 OCTOBER 2025

Brain Buzz: Teasers Game

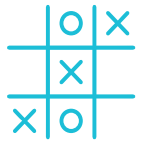
10:40 – 11:10

Venue: 001 Amphitheatre

Interactive Activity - Beat the Pressure

Quick thinking, clever riddles, and prizes await—
can you beat the clock and keep your cool under pressure?

Dr. Panayiotis Parpottas, Associate Professor, Counselling Psychology



Break

11:10 – 11:20

Venue: Cafeteria



Your Erasmus+ Journey Starts Here

11:20 – 11:40

Venue: 001 Amphitheatre

Ms. Maria Panayiotou will let you know about all the exciting Erasmus student exchange opportunities that are happening in Europe.



Alumni Return: Stories and Insights

11:40 – 11:50

Venue: 001 Amphitheatre

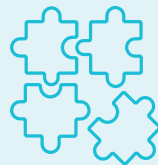
Students will present and share their Erasmus stories and insights



Erasmus+ Game

11:50 – 12:10

Venue: 001 Amphitheatre



Discover Europe, explore new cultures, and have fun learning about international opportunities!

Ms. Maria Panayiotou, Librarian



Library and Research

12:10 – 12:20

Venue: Library (4th Floor)



HANDS-ON EXPERIENCE

Discover Cyprus College Library resources and 24/7 online databases for research and assignments with Ms. Maria Panayiotou, Librarian.



Student Vibe Fest

12:20 – 14:00

Venue: Campus-wide



Pizza, drinks, music, and a chance to explore and join your favorite student clubs!





Cyprus College

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