



Cyprus College | Limassol

Orientation
SEP 2023

22-26
SEPTEMBER



FRIDAY, 22 SEPTEMBER

**Welcome to Cyprus College
Limassol!**

09:00 – 09:30

Venue: 001 Amphitheatre

Campus Director, Mr George Pallaris, welcomes you to Cyprus' very first higher education institution. Get the "big picture" of Cyprus College and its achievements and discover the benefits that await you as part of this vibrant, diverse and inclusive community.

Welcome from Administrative Head

09:30 – 09:40

Venue: 001 Amphitheatre

Mr Kyriakos Pallaris, Administrative Head, welcomes you to the Cyprus College Limassol family and highlights the services and resources that will help you make the most of this new chapter in your life.

READY-SET-GO

**Technology at Cyprus College –
Develop Your Digital Skills**

09:40 – 10:00

Venue: 001 Amphitheatre

Mr George Koutsoudes, IT Lab Coordinator, introduces you to the digital realm of Cyprus College. Learn about your student email account, social media channels and the learning platform Blackboard. Find out about exciting opportunities available to you at the advanced CYC Makerspace Technology Center.



**#COLLEGE PATH TO THRIVE
Course Registration & Advising**

10:00 – 10:15

Venue: 001 Amphitheatre

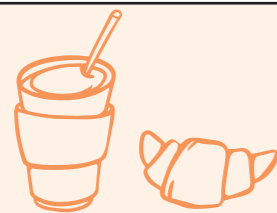
Administrative Support, Ms Katerina Nikolaou, will provide you insights into our advising system, where experienced counsellors guide you through your academic journey, offering advice and tailored recommendations.



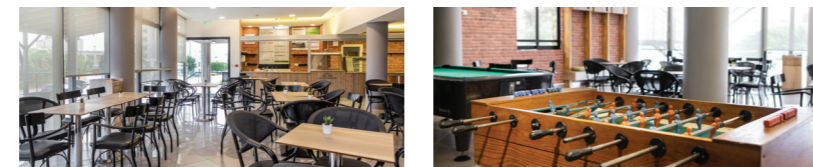
Break

10:15 – 10:45

Venue: Cafeteria



Snacks and drinks will be offered to everyone!



**#COLLEGE PATH TO THRIVE
Career Center – Take charge
of your future**

10:45 – 11:15

Venue: 001 Amphitheatre

EUC Career Center
EUC Career Center will show you the path to reach professional success.



**#COLLEGE PATH TO THRIVE
ERASMUS+ Information**

11:15 – 11:30

Venue: 001 Amphitheatre

Explore the world of opportunities with Erasmus+ at Cyprus College. Under the guidance of Ms Maria Panayiotou, discover how you can broaden your horizons by studying or interning in different European countries.



Library and Research

11:30 – 11:50

Venue: Library (4th floor)



Our Librarian, Mrs Maria Panayiotou, will navigate you through a vast collection of books, journals, and e-resources, and learn how our dedicated librarians can assist in your research and studies.



Break

11:50 – 12:30

Venue: Cafeteria

Ice Cream Social Time!
Enjoy a refreshing ice cream along with your new friends.



Meet Your Program Coordinators!

12:30 – 12:50

• **IT & Computer Science**

Venue: Computer Lab B01 (Basement)

• **Aesthetics**

Venue: 001 Amphitheatre (Ground floor)

• **Business Administration**

Venue: 002 Classroom (Ground floor)

• **Office Administration**

Venue: 202 Classroom (2nd floor)

Meet your Program Coordinators! They are here to offer insights into your chosen field of study, ensuring you're on the right track for success. Learn about their roles, how they can assist you throughout your academic journey, and the unique opportunities they can introduce.



Campus Tour

12:50 – 13:10

Starting Point: Cafeteria

Student assistants will give you a tour of campus facilities.

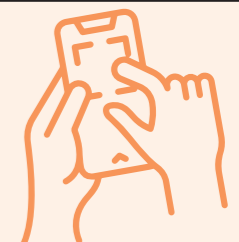


Selfie Scavenger Hunt

13:10 – 14:00

Venue: Cyprus College Campus

Find locations around campus, take selfies and get the chance to win a prize



MONDAY, 25 SEPTEMBER - ONLINE WITH EUROPEAN UNIVERSITY CYPRUS

Student Wellness (ONLINE)

09:00 – 09:15

Venue: 001 Amphitheatre
@ Cyprus College Limassol

Part 1: Find out how you are supported and empowered by the Center of Applied Psychology and Personal Development (KEPSYPA) services.

Part 2: Learn how the Committee for Students with Special Educational Needs can support you during your studies.

How to Study Effectively (ONLINE)

09:15 – 09:35

Venue: 001 Amphitheatre
@ Cyprus College Limassol

Gain useful tips and methods to help you achieve the best possible academic results and a lifetime love of learning and knowledge.



Anxiety and Stress: How to Cope with my Feelings (ONLINE)

09:35 – 10:25

Venue: 001 Amphitheatre
@ Cyprus College Limassol

This seminar will help you to recognize and be aware of anxiety and stress on four different levels (thoughts, emotions, behaviors, psychosomatic symptoms), but also how to effectively deal with stressful situations.



Eat Smart to Improve your Academic Performance (ONLINE)

10:25 – 10:55

Venue: 001 Amphitheatre
@ Cyprus College Limassol

Dr Elena Hadjibei, Lecturer and Coordinator of the Nutrition and Dietetics program, will present smart ways you can eat to sharpen your brain, boost your memory and improve your ability to learn.



Break

10:55 – 11:35

Venue: Cafeteria

Enjoy healthy energy snacks.
Make friends while playing "Food for Thought" nutrition-related games!



TUESDAY, 26 SEPTEMBER

Picnic Day

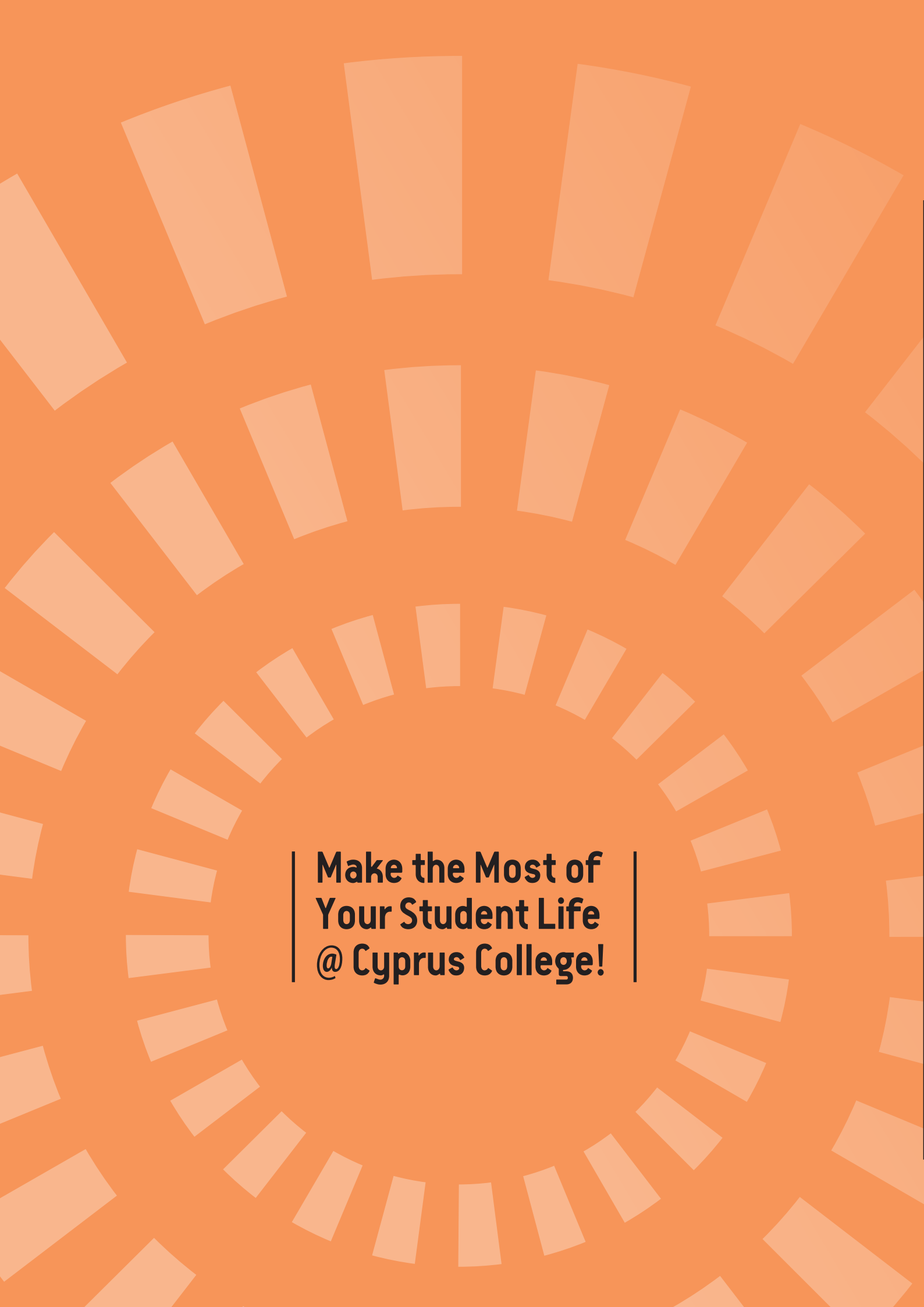
10:00 – 17:30

For more information & registration:
22713185 / A.Georgiadou@euc.ac.cy
Ms. Angela Georgiadou, Office of Student Affairs

Join us on a relaxing day out at the beautiful Platania picnic site, situated in one of the most beautiful locations in the Troodos mountains. Take part in a variety of fun activities and board games. Free picnic food and drinks will be offered to everyone.

Additionally, you will have the chance to see and admire the Cyprus mouflon, a unique rare mammal that is found only in Cyprus through an easy and circular walk, starting just opposite the Platania picnic site where there is a mouflon sanctuary.





**Make the Most of
Your Student Life
@ Cyprus College!**